

# COUGAR NEWS



CARDINAL MOONEY  
CATHOLIC HIGH SCHOOL

FRIDAY, OCTOBER 4TH 2024



*Cougars*

"REJOICE IN THE LORD ALWAYS.  
I SHALL SAY IT AGAIN: REJOICE!"  
- PHILIPPIANS 4:4

**Dominate the Court**

# IMPORTANT INFO

## Upcoming Dates

**Tuesday, October 8th**

Freshmen Retreat  
Senior Make-Up Portraits



**Wednesday, October 16th**

7:55 start | 7 period day

**Thursday, October 17th**

PSAT | Freshmen, Sophomores & Juniors  
(Seniors Fall Holiday)

**Friday, October 18th**

No School | Fall Holiday

**Friday, October 25th**

Noon Dismissal  
All Students report to 4th Period at 7:55am

## NATIONAL MERIT SCHOLARSHIP 2025 COMMENDED STUDENTS



**CONGRATULATIONS**  
**LOGAN ALEXANDER**  
**JAKOB STEWART**  
**LUIGI FERRARI**

Commended students placed among the top 50,000 students who entered the 2025 competition by taking the 2023 Preliminary SAT/ National Merit Scholarship Qualifying Test (PSAT/NMSQT) Those being named Commended Students have demonstrated outstanding potential for academic success.



Cardinal Mooney High School

has been recognized for the

## 2024 AP® School Honor Roll

for developing an AP program that creates a college-going culture and gives students opportunities to earn college credit and to maximize their college outcomes. Cardinal Mooney High School is also honored with the 2024 AP Access Award for ensuring AP coursework is equally available to students no matter their backgrounds.

We are thrilled to announce that Cardinal Mooney has earned a place on the College Board's AP® School Honor Roll for the 2023-24 school year! This honor recognizes our commitment to providing more students with access to AP courses and supporting their path to college success.

Additionally, we've been recognized with the AP Access Award for encouraging more low-income and underrepresented minority students to take AP courses. This demonstrates our dedication to equitable access to advanced coursework, preparing our students for success in college and beyond.

We are so proud of the hard work and dedication of our teachers, counselors, students, and parents that have made this achievement possible.



# IMPORTANT INFO



**SENIOR PICTURE RETAKES  
TUESDAY, OCTOBER 8**



## 7 Period Days

7-period day on the following dates:

- Wednesday, October 16th | 7:55am Start
- Wednesday, November 20th | 7:55am Start
- Thursday, November 21st

**Save the Date!**

## Homecoming 2024



We are looking forward to our annual Homecoming Dance on Saturday, Oct. 26th from 7:30-10:00 on our campus. All CMHS students are invited to attend. (No outside guests will be permitted at this event.) Tickets will go on sale on Friday, Oct. 11th and will be sold online, in advance. No tickets will be sold at the door. [Click Here for HOCO Dress Code](#)

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## FYI – WINTER EXAM SCHEDULE

Monday 12/16	Regular School Day	
Tuesday 12/17	1st Period Exam	7:55-9:15 (9:53 ext time)
	2nd Period Exam	10:15-11:30 (12:08 ext time)
Wednesday 12/18	3rd Period Exam	7:55-9:15 (9:53 ext time)
	4th Period Exam	10:15-11:30 (12:08 ext time)
Thursday 12/19	5th Period Exam	7:55-9:15 (9:53 ext time)
	6th Period Exam	10:15-11:30 (12:08 ext time)
Friday 12/20	7th Period Exam	7:55-9:15 (9:53 ext time)
	Make Up Exam	10:15-11:30 (12:08 ext time)
	Make Up Exam	12:45-2:00 (2:38 ext time)



[Click here for a statement from the Florida Conference of Catholic Bishops](#)

# DISASTER RESPONSE



Cardinal Mooney is supporting Catholic Charities' initiative to collect "Disaster Rebound Buckets," with a goal of contributing 100 buckets. Help us reach this goal:

- Assemble a fully filled Bucket
- Donate a Lowes, Home Depot, or Amazon Gift Card.

OR

- Purchase from Amazon using this [WISH LIST LINK](#)

Deliver to:  
CMHS Disaster Bucket  
4917 Fruitville Road  
Sarasota, FL 34232

Questions email Mrs. Kahl



## Disaster Rebound Bucket Materials

- One five-gallon round bucket with re-sealable lid
  - (14.35" h x 12.19" w x 12.19" d)
  - No screw lids
  - May be used, but must be free from all residual product
  - Advertisements on the outside acceptable
- One 32-64 oz. bottle liquid laundry detergent
- One 16-40 oz. bottle liquid concentrate household cleaner
  - No spray cleaners
- One 16-34 oz. bottle dish soap
- One 4-8 oz. pump spray air freshener (liquid, not gel)
- One 6-14 oz. pump spray insect repellent
  - (pack of 10-20 wipes also acceptable)
  - Pump spray bottles must have protective covers
- One scrub brush
  - With or without handle
- 18 re-useable cleaning wipes
  - No terrycloth, microfiber or paper towels
  - Remove from packaging
- Five scouring pads
  - No stainless-steel pads with soap in them
  - Remove from packaging
- 36-50 clothespins
- One 50-100 ft. clothesline (cotton or plastic line)
- 24 roll of heavy-duty trash bags (33-45-gallon sizes)
  - Remove from packaging
- Five N95 particulate respirator dust masks (1-3 mm thickness)
  - No surgical masks
- Two pairs kitchen gloves
  - Durable for multiple uses
  - Remove from packaging
- One pair work gloves
  - Cotton with leather palm or all leather







# FAITH & SERVICE

## EUCCHARISTIC ADORATION

WITH PRAISE & WORSHIP MUSIC



FAMILY FRIENDLY  
ALL ARE WELCOME

WEDNESDAY | 10.23 | 6PM - 7:30PM  
AT CARDINAL MOONEY HS

### Freshmen Retreat

“Called by Name”

“Do not fear, for I have redeemed you; I have called  
you by name; you are mine.”

Isaiah: 43:1

Tuesday, October 8th 2024



### Parent Rosary Prayer Group Fridays at 7:45am

We welcome parents to Pray the Rosary  
every Friday on campus in the Chapel  
when school is in session.





# FAITH & SERVICE



**Register Today**



Join the Mooney Team and register for the American Cancer Society Walk, Saturday, Oct. 19th beginning at 8am. There's something missing...YOU! Be part of the movement to end cancer as we know it, for everyone. Joining the team is super easy, just sign up here: [Register Here](#)

*3 hours of community service*

*See Mr. Scheuer with any questions*

## Parent Volunteer Info for 2024 March of Life Trip

Cardinal Mooney Students for Life trip to the March for Life in Washington DC Jan.22-25 is getting ready to book flights and hotel. We always need and welcome Mooney parents to come with us to chaperone our students. If you would like to find out more about being a chaperone- please contact Mr. Shipe in this coming week at [tshipe@cmhs-sarasota.org](mailto:tshipe@cmhs-sarasota.org).

## Interested in Participating?

Students who are planning on going on the March for Life trip need to come see Mr. Shipe in room E-226 ASAP to guarantee a spot for you. Parent permission forms may be picked up from Mr. Shipe.



# ACADEMIC SERVICES

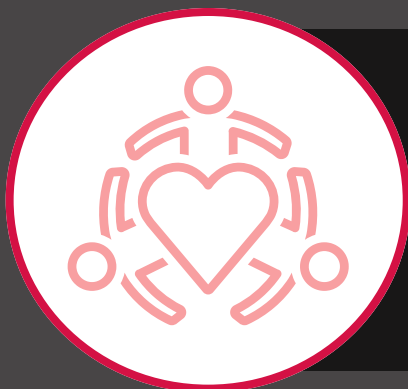


## **Freshmen, Sophomore & Juniors:**

The PSAT will be given to all freshmen, sophomores and juniors on Thursday, October 17. Students should report to their assigned rooms by 7:55. Students with standard time will be dismissed by 11am. Students with extended time will be dismissed by 12. Students need to bring fully charged iPads to school that day. Seniors will not report to school on October 17.

## **National Honor Society's Homework Help:**

National Honor Society Homework Help is located in room G105 Monday - Thursday after school. NHS students are available to help and assist students with homework and quiz/test prep. No appointment necessary for this free service. If you have any questions please contact Mr. Scheuer.



## **Community Service Opportunities:**

On Canvas at the All School Module you will find a community service link. This contains all our community service documents and policies. Posted will also be year long and weekend opportunities to earn hours and complete this graduation requirement. If you have any questions please email Mr. Scheuer.

# ADVANCEMENT

**Cardinal Mooney Catholic High School**

## HOMECOMING 2024



**Friday, October 25**

Cardinal Mooney vs. Tarpon Springs



Annual Fish Fry, 5-7 PM

Athletic Hall of Fame Induction, 6:30 PM

Game Kickoff, 7 PM

Alumni Information:

All CMHS Alumni invited to Attend.

Special celebration of classes with graduation years ending in "4" and "9".

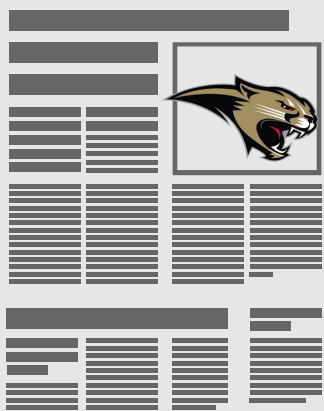


Purchase Tickets At  
[cmhs-sarasota.org](http://cmhs-sarasota.org)



Alumni Highlights Include:  
Halftime Alumni Photo  
Sunday On Campus Alumni Morning Mass

## NEWS



## NOW & THEN

**Alumni Magazine**



**We would love to hear from you!**

Are you the parent of a recent Mooney graduate? Do you know a former Cougar who is doing some cool stuff? We are looking for interesting updates that we can share in the Now & Then communication. Whether it is about an interesting career, an important accomplishment, we want to know about it! Please send your stories, news updates and photos to:  
Dana Mitchell Alumni & Events





# Thank You



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# ATHLETICS

## OCTOBER 4-11

**Friday 10/4**

**Volleyball V @ Bishop Moore TBA**

**Saturday 10/5**

**Cross Country @ Riverdale 7am**

**Monday 10/7**

**Volleyball Fr, JV, V v Charlotte 5,6,7pm**

**Tuesday 10/8**

**Volleyball Fr, JV, V @ Venice 5,6,7pm**

**Thursday 10/10**

**Girls V Golf @ Venice 3:30pm**

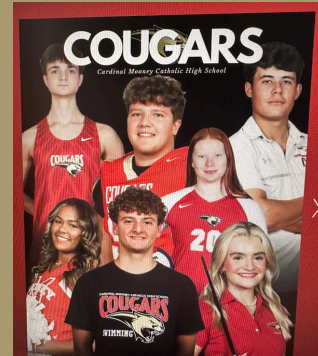
**Volleyball Fr, JV, V v Riverview 5,6,7pm**

**Football JV v Booker 6pm**

**Friday 10/11**

**Football V v Specialty Fit Academy 7pm**

## Fall Sports Program



CHECK IT OUT



Photos, Rosters, Score Updates, Senior Shout Outs, and more!

## Congratulations



Pictured: Carl Reynolds, Mr. Hermann, Charlee Hermann and Mrs. Hermann

Mooney Sophomore, Charlee Hermann was nominated as SNN 'Player of the Month' sponsored by Carl Reynolds Law. Not only is she an outstanding Varsity Volleyball player on the court but she has a 4.4 GPA in the classroom. Congratulations Charlee, we can't wait to see the news story next Wed Oct.9th

