

# COUGAR NEWS



CARDINAL MOONEY  
CATHOLIC HIGH SCHOOL

FRIDAY, AUGUST 9, 2024



GOD IS GREATER THAN YOUR HIGHS & LOWS

SO *Gloria Be* IN YOUR HIGHS  
AND *Gloria Be* IN YOUR LOWS

# IMPORTANT INFO

## REMINDER

- **Summer work** is due the first day of school.
- Summer assignments are available on the school website [Summer Work Link](#)

### Wednesday, August 21 and Thursday, August 22

Senior Workshops in Ministry and Christian Lifestyle Classes  
We will complete new database system and Common App!

### Monday, Aug. 19

Senior College Parent Night – Chapel at 6:30

Contact: Mrs. Ericka McGarity Senior College Counselor with questions



## Lunch Schedule

### Week A

#### Monday:

- Burgers
- Hot Dogs
- Tots

#### Tuesday:

- Chicken Tenders
- Chicken Flatbread

#### Wednesday:

- Meatball Sub
- Pasta

#### Thursday:

- Chicken Sand
- Empanadas

#### Friday:

- Marco's Pizza

### Week B

#### Monday:

- Burgers
- Spicy Chicken
- Tots

#### Tuesday:

- Chicken Tenders
- Steak-N-Cheese

#### Wednesday:

- Calzones
- Pressed Cubans

#### Thursday:

- Chicken Sand
- Toranados

#### Friday:

- Marco's Pizza

\*Menu subject to change



2024-2025 SCHOOL YEAR CALENDAR IS NOW

AVAILABLE ON OUR WEBSITE.

\*Calendar is subject to change





**CADY**  
**PHOTOGRAPHY**

**Picture Day is on your Orientation Day!**

**Excited? Save \$10 when you  
pre-order portraits before picture  
day at [CADY.com/PictureDay](http://CADY.com/PictureDay)**

# BACK TO SCHOOL

**FRIDAY  
AUGUST 9TH**

**Orientation  
Transfer Students**  
9am-12noon

- **NEW Soph/Jr/Sr Transfer Students Only.**
- Dress in School Uniform.
- Students will receive their iPads & schedule.
- ID Badge Pictures will be taken.
- Snack provided.

**MONDAY  
AUGUST 12TH**

**Orientation  
Freshmen Only**  
7:55am-2:30pm

- Dress in School Uniform.
- Freshmen will receive their iPads, have School Pictures & ID Pictures taken, and receive their schedules.
- Pizza lunch will be provided.

**TUESDAY  
AUGUST 13TH**

**Orientation  
Seniors Only**  
7:55am-11am

**Soph/Jnrs Only**  
12noon-3:00pm

- Dress in School Uniform.
- No lunch will be served.
- Seniors will receive their new iPads.
- Sophomores/Juniors: bring their **fully charged** iPads.
- School Pictures will be taken.
- Schedules will be distributed.
- Parking Passes available for purchase.
- Receive School IDs.

**WEDNESDAY  
AUGUST 14TH**

**Full Day**  
All Grades  
7:55am-2:30pm

- Dress in School Uniform.
- Bring fully charged iPads.
- Pack or buy lunch.

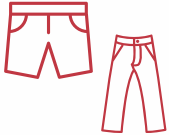
# DRESSCODE

Subject to policy modifications.  
Dean of Students will communicate any changes.



## Tops

- CMHS Logo Polo: White, red, or black
- CMHS Logo Polo: Blue - Seniors Only



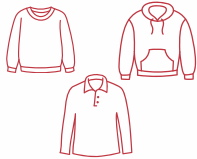
## Bottoms

- Docker style pants with belt loops: khaki in color (no jean material)
- Docker style shorts with belt loops: khaki in color (no shorter than 3" above the knee)
- NOT permitted: tights, leggings, joggers



## Belt

- Black or Brown belt must be worn with all shorts/pants.



## Outerwear

- CMHS Logo Quarter Zip: Red or black
- CMHS Logo Crewneck Sweatshirt: Red or black  
Gray, sold at CMHS

*Many of the sports teams and clubs sell clothing with vendors outside of Children's World. These are not part of the daily dress code.*



## PE Uniform

- White logo t-shirt
- Red logo shorts



## Shoes

- Dress shoes or athletic shoes (laced & tied)
- NOT permitted: moccasins, flip flops, sandals (includes Birkenstocks, Texas, etc), slippers, crocs, boots (Uggs, Doc Martens, etc) sport shoes (cleats, etc)



## Official Uniform Supplier

The uniform shirts and P.E. uniforms must be purchased from:

**CHILDREN'S WORLD UNIFORM SUPPLY**

4525 Bee Ridge Road  
Sarasota, FL 34233

Phone is (941)-955-6999

[www.childrensworlduniform.com](http://www.childrensworlduniform.com)





# Glory Be!

## 2024-2025 Staff Retreat



**CLASSROOMS WITHOUT BORDERS**  
Mission  
Combating antisemitism, genocide and hate through transformative educational opportunities focused on diversity, inclusion, and respect



We kicked off the school year with an inspiring staff retreat, filled with powerful messages and shared experiences. Our amazing teachers and staff gathered to listen to each other's 'Glory Stories.'

We heard moving stories and saw photos about a trip to Poland with Classroom Without Borders and the incredible impact it had on our recent graduate, Tyler Ruben and staff, Stefan and Sarah Gates.

We also celebrated our involvement in the first Sarasota location of Special Olympics Camp Shriver this summer, showcasing our commitment to inclusivity and community service. A highlight of the retreat was hearing directly from 2 Mooney students, who shared their personal experiences of faith and the profound ways God has touched their lives.

**This year's theme is "Glory Be! Meaning, Glory of God be in our highs and the Glory of God be in our lows," set the perfect tone for the 2024-25 school year filled with faith and purpose.**



# FAITH & SERVICE



Click here for information on  
Confirmation Class for parishioners of Our Lady of Angels

## EUCCHARISTIC ADORATION

WITH PRAISE & WORSHIP MUSIC

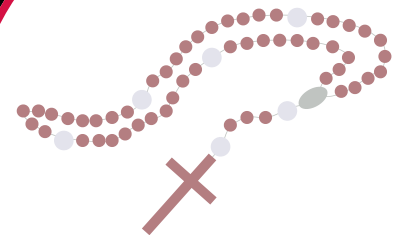


FAMILY FRIENDLY  
ALL ARE WELCOME

WEDNESDAY | 8.21 | 6PM-7:30PM  
AT CARDINAL MOONEY HS

**Parent Rosary Prayer Group Fridays 7:45am**

We welcome parents to join us to Pray the Rosary  
every Friday on campus in chapel







# **COUGAR** NETWORK

## **WE'RE KICKING OFF OUR DEBUT WEEK**

**WITH TWO LIVE-STREAMED EVENTS!**



### **SCHOOL MASS**

**THURSDAY, AUGUST 15TH | 8:45 AM**

Join the Mooney students, faculty, and staff in an all-school mass to celebrate the Solemnity of the Assumption of Mary

### **FOOTBALL GAME**

**FRIDAY, AUGUST 16TH | 6:30 PM**

Watch the Cougars take on the Booker Tornados in the Pre-Season Kickoff game



@CMHS.CougarNetwork

# COUGARS

August 9th - 16th

Tuesday 8/13 @ 7pm Thursday 8/15 @ 5:30pm



@ Braden River Pre-season Match

**Varsity Mooney Volleyball @ Braden River**

Friday - 8/16 @ 7:00pm

**Kick-off Classic**

**Mooney football against Booker**



**TICKETS**

Click Here to Buy Family Pass and  
Tickets to Cougar Games

All tickets can be purchased through  
the Go Fan website.



Cougar Fans live stream athletic events from our HOME stadium  
and gymnasium through CMHS Athletics' YouTube channel.  
**Subscribe today!**



For more Athletic Updates,  
highlights & try-out info  
follow:  
**mooney\_athletics**  
on Instagram



# CARDINAL MOONEY CATHOLIC HIGH SCHOOL ANNUAL **GOLF** TOURNAMENT



\$225- INDIVIDUALS  
\$800 - FOURSOME

FRIDAY

**OCTOBER 4TH**

.....  
WITH SOME OF THE PROCEEDS  
BENEFITING THE CMHS ARTS  
& ATHLETICS DEPARTMENTS  
.....

THE PLANTATION GOLF  
AND COUNTRY CLUB

Check-In: 10:30am  
Shotgun starts: NOON

GOLF, FOOD, DRINKS , RAFFLES,  
GAMES AND PRIZES

[www.cmhs-sarasota.org](http://www.cmhs-sarasota.org)

Register now. Space is limited



500 Rockley Blvd,  
Venice, FL 34293

# **VOLUNTEERS NEEDED**

**MEET OTHER MOONEY FAMILIES WHILE  
HELPING WITH CMHS EVENTS!**

**CONSIDER VOLUNTEERING FOR AN  
EVENT OR BECOMING A MEMBER OF  
AN EVENT COMMITTEE.**

- **ANNUAL GOLF TOURNAMENT  
OCTOBER 4, 2024**
- **HOMECOMING FISH FRY  
OCTOBER 25, 2024**
- **2025 MOONEY GALA  
MARCH 1, 2025**
- **AND MORE TO COME...**

**FOR MORE INFORMATION CONTACT:**

**LEAH MIHM  
DIRECTOR OF ADVANCEMENT  
LMIHM@CMHS-SARASOTA.ORG**

**DANA MITCHELL  
ALUMNI/DONOR RELATIONS AND  
SPECIAL EVENTS MANAGER  
DMITCHELL@CMHS-SARASOTA.ORG**

