

# COUGAR NEWS



CARDINAL MOONEY  
CATHOLIC HIGH SCHOOL

FRIDAY, AUGUST 23RD, 2024



*Cougars*

**Shine!**

“...NOW YOU ARE LIGHT IN THE LORD.  
LIVE AS CHILDREN OF LIGHT”

EPHESIANS 5:8

# IMPORTANT INFO



## Important Dates

**Tuesday, August 27th**

Blood Drive

**Wednesday, August 28th**

-8:30-9:15am - Club Rush in Court Yard

-6pm Back to School Night (Parents Only)

**Monday, September 2nd**

No School - Labor Day

## Hey Parents!

Join Us for the Parents Mix and Mingle

Sunday September 8th, 5-7 PM  
at Osteria 500

Click here to RSVP

Bucs Game  
will be on!



## Step-Up Scholarship News

It is not too late to apply for a **Step Up for Students Scholarship**. You may be eligible to receive up to \$8,000 in tuition relief. To apply, please visit Step Up for Students.

Important Reminders for Parents:

**Approval of Quarterly Payments:** Parents must now approve the quarterly payments to CMHS. You will receive an email from Step Up with a link to approve each quarter's payment. Alternatively, you can log into your Step Up EMA dashboard. This must be completed within 2 weeks of receiving notification or the quarterly payment amount will be added back into your tuition payments.

**Incidental Billing for Step Up:** You will be notified each quarter via FACTS Tuition that we have received your payment from Step Up. This notification is not a new invoice for you to pay, but rather an update on how you stand with Step Up payments.

**Keep Your Contact Information Up-to-Date:** Please ensure your parent emails are correct and that you are regularly checking them. Important information regarding Step Up (as well as other school information) is sent through these emails. If you need to update your email address, please log into your FACTS Family Portal and make the necessary changes.

If you have any questions regarding Step Up, please feel free to contact Debbie Butor (Registrar) at [dbutor@cmhs-sarasota.org](mailto:dbutor@cmhs-sarasota.org)

\*Menu subject to change

## Lunch Schedule

### Week A

#### Monday:

Burgers \$3.50

Hot Dogs \$5.00

Tots \$3.00

#### Tuesday:

Chicken Tenders

\$5.00

Chicken Flatbread

\$5.00

#### Wednesday:

Meatball Sub \$5.00

Pasta \$5.00

#### Thursday:

Chicken Sand \$5.00

Empanadas \$5.00

#### Friday:

Marco's Pizza \$5.00

### Week B

#### Monday:

Burgers \$3.50

Spicy Chicken \$5.00

Tots \$3.00

#### Tuesday:

Chicken Tenders

\$5.00

Steak-N-Cheese

\$5.00

#### Wednesday:

Calzones \$5.00

Pressed Cubans

#### Thursday:

Chicken Sand \$5.00

Toranos

#### Friday:

Marco's Pizza \$5.00



**WEDNESDAY AUGUST 28, 2024  
6:00PM-8:00PM**

**EVENING SCHEDULE**

- 1st Period - 6:00-6:11
- 2nd Period - 6:16-6:27
- 3rd Period - 6:32-6:43
- 4th Period - 6:48-6:59
- 6:59-7:09 stay in 4th period  
Cougar Network Address  
by Mr. Hopper , principal
- 5th Period - 7:14-7:25
- 6th Period - 7:31-7:42
- 7th Period - 7:47-7:58

Our annual Back to School Night is this Wednesday, August 28 from 6 pm - 8 pm. This evening is for parents and will begin at 6 pm sharp in your student's 1st period class.

Please note: If your student has a 1st period study hall/FLVS/Dual Enrollment, you should report to their 2nd period class according to the schedule above.

You will have an opportunity to meet your student's teachers, learn about general expectations for each class, and gain insight about the semester/year course. You can access your student's schedule by logging into your FACTS account, your parent CANVAS portal, or have your student provide their schedule to you. We look forward to seeing you there!

**CARPOOLING RECOMMENDED**

# PARENT INVOLVEMENT

**VOLUNTEERS  
NEEDED**

MEET OTHER MOONEY FAMILIES WHILE HELPING WITH CMHS EVENTS!

CONSIDER VOLUNTEERING FOR AN EVENT OR BECOMING A MEMBER OF AN EVENT COMMITTEE.

- **ANNUAL GOLF TOURNAMENT  
OCTOBER 4, 2024**
- **HOMECOMING FISH FRY  
OCTOBER 25, 2024**
- **2025 MOONEY GALA  
MARCH 1, 2025**
- **AND MORE TO COME...**



**FOR MORE INFORMATION CONTACT:**

LEAH MIHM  
DIRECTOR OF ADVANCEMENT  
LMIHM@CMHS-SARASOTA.ORG

DANA MITCHELL  
ALUMNI/DONOR RELATIONS AND  
SPECIAL EVENTS MANAGER  
DMITCHELL@CMHS-SARASOTA.ORG



## Parent Volunteers Needed for Class Breakfast and Mass

Every Fall, we hold special Mass followed by a light breakfast for each class. These mornings are vital for fostering faith and community within the student body. To ensure the success of these events, we are seeking volunteers to assist with setup and cleanup for each breakfast. The grade-level Masses and breakfasts will take place before school at 8:15 a.m. on the late-start Wednesdays on September 11, 18, 25, and October 2.

If you're interested in volunteering, please sign up using the Sign-Up Genius link below. You are welcome to volunteer for any grade level, not just your child's.



**Freshmen Sept. 11th | 8:15am**  
**Sophomores Sept. 18th | 8:15am**  
**Juniors Sept. 25th | 8:15am**  
**Seniors Oct. 2nd | 8:15am**





**We Invite You to Support**  
 the 2024 Cardinal Mooney Catholic High School  
 Annual Golf Tournament



This year, the proceeds from the golf tournament will directly support our students funding programs in the arts, athletics and other essential areas. Your support is vital in ensuring we continue to offer high quality education and programs that benefit all our students and faculty.

To make a donation, please complete the procurement form by clicking this link



All donations should be made by September 20, 2024.



**Sponsors**



[www.GeckosGrill.com](http://www.GeckosGrill.com)

**CARDINAL MOONEY  
 CATHOLIC HIGH SCHOOL  
 ANNUAL  
 GOLF  
 TOURNAMENT**



\$225- INDIVIDUALS  
 \$800 - FOURSOME

FRIDAY  
**OCTOBER 4TH**

THE PLANTATION GOLF  
 AND COUNTRY CLUB



AMY L.  
 VALENTI  
 D.M.D.  
 CARDINAL MOONEY ALUMNI  
 941-366-3894



GENEROUS  
 PROPERTY  
 REAL ESTATE





# FAITH & SERVICE



## Seeking The Sacrament of Confirmation

The Diocese of Venice has a Religious Education Office that emphasizes the importance of the Sacrament of Confirmation with a two-year program. [Click here for more information](#)

## Blood Drive

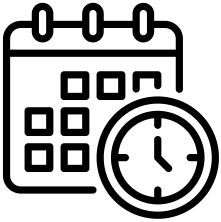
The Bloodmobile will be here August 27, 9:00 AM to 2:00 PM. Those who are at least 16 and in good health are eligible to donate the “gift of life.” Three hours of community service is available for one pint of blood donated. If you are 16 but not yet 17, you MUST bring a parental permission slip and a photo ID with you to the Bloodmobile. To sign up for this Blood drive, see the Blood Bank recruiters at lunchtime on Friday, August 23rd or Monday, August 26th  
Next blood drive: 11/05/24



## Parent Rosary Prayer Group Fridays 7:45am

We welcome parents to join us to Pray the Rosary every Friday on campus in chapel

# ACADEMIC SERVICES



## Important Deadline:

**August 28th** is the last day to make a schedule change. Schedule changes at this point should be those that are absolutely necessary.

## National Honor Society's Homework Help:

National Honor Society Homework Help will begin on Monday, August 26th. NHS members are located in room G105 Monday - Thursday to help and assist students with homework and quiz/test prep. No appointment necessary for this free service. If you have any questions please contact Mr. Scheuer



## Freshmen & Sophomore Parents:

The Academic Services department would like to welcome our parents for an informational presentation.

Freshman Parent Night is September 11th at 6:30pm

Sophomore Parent Night is September 18th at 6:30pm



## Community Service Opportunities:

On Canvas at the All School Module you will find a community service link. This contains all our community service documents and policies. Posted will also be year long and weekend opportunities to earn hours and complete this graduation requirement. If you have any questions please email Mr. Scheuer



# COLLEGE COUNSELOR CORNER

## Welcome to the College Counselor Corner

I am so very excited to begin another year assisting you in navigating all things college and post Mooney life. This added page in the Cougar News will replace my weekly email in order for ALL parents and students to have complete access to important information.

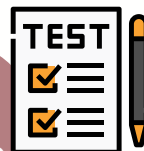
Ericka McGarity  
College Counselor



## Upcoming Senior Events

- **Senior Check List** ✓
- **Senior Student/Parent Meetings:** For those seniors and parents who have NOT yet had their college/post Mooney meeting with Ericka McGarity, do not fear... I will email all Seniors a calendar link to schedule a meeting. Please reserve these appointment times for students and families that have not had the opportunity to meet with me.
- **Standardized Tests-** every Senior should have taken at least ONE of these tests by this point. If you have not, please see the upcoming test dates: ACT <https://www.act.org> Test Date Registration Deadline September 14 August 25 (late fees apply)
- **NCAA** Thinking about playing college sports? Per the Cardinal Mooney Handbook, you MUST register on the NCAA portal in order to move forward in the college recruitment process. We will no longer be able to send multiple colleges multiple transcripts <https://web3.ncaa.org/ecwr3/>

Click here to see  
Standardized Tests  
& Test Dates





# STUDENT LIFE

## Come Check out Mooney CLUB RUSH

Equestrian  
Club  
Mock Trial  
Club

St. Vincent de Paul  
Society

'Redeemed'  
bible study

Club Rush is on  
Wednesday, August  
28th from 8:30-9:15  
in the Courtyard &  
Selby Center

photo club

...and  
Many  
More!!

Miracle League  
Art club  
Guitar club

Mooney  
Medical Club  
Marine Science  
Club

pastries  
for paws



# STUDENT LIFE

Available for purchase in the Front Office

MOONEY

Dress Code Approved  
sweatshirts - \$20

M  
MOONEY

M  
MOONEY

M  
MOONEY

Spirit wear \$15



Mooney Tumblers  
For Sale \$10



Cougar Car Magnets  
\$5

**NEW**

## Deputy Jeff Has Your Back

Hey Mooney,

Throughout the course of my life, I have experienced highs and lows and praise God, more highs. Through these experiences, God lifted me in highs and carried me through lows. I found myself finding comfort, wisdom and motivation through scriptures and quotes. So, I would like to share something weekly in the Cougar News in hopes that you may find the same.

*"The only thing that will stop you from fulfilling your dreams is you."*

Tom Bradley



\*When leaving campus in the afternoons, remember you are in a school zone and the speed limit is 15!

Order your  
Year Book

CMHS 2025 Yearbooks on sale now -  
lowest price of the year! \$80

[www.yearbookforever.com](http://www.yearbookforever.com)



## Senior Quote & Baby Pic



Your Senior Quote and Baby Pic are due before September 30th.  
Email Yearbook Senior Editor Kaitlyn at [25kgalvin@mycmhs.org](mailto:25kgalvin@mycmhs.org)



# ATHLETICS

## Attention Fall Sport Athletes: Parade of Athletes Friday 8/30

We will recognize all fall sports teams in a special pre-game introduction.

The Parade of Teams for our Fall Sports will take place during the pre-game of our regular season home opener football game on Friday, August 30th. This has become a tradition over the last few years and our Cardinal Mooney community loves seeing our teams on the field together to kick off the season and school year.



**COUGAR CRAZIES TAKE OVER AT SARASOTA HIGH FOR FNL**

**MOONEY VS. SARASOTA HIGH**

**Friday 8/23**

**FOOTBALL GAME 7:30 AWAY**

**SNN**

SUNCOAST NEWS NETWORK

**GAME OF THE WEEK!**

# RED OUT



Save time and purchase your athletic tickets from home.

Visit the CMHS Go Fan Ticket page!



Cougar Fans live stream athletic events from our HOME stadium and gymnasium through **CMHS Athletics'** or the **Cougar Network** YouTube channel.

**Subscribe today!**



**Concessions**

Pay by Cash, Credit cards, Apple Pay, Google Pay

# ATHLETICS



## AUGUST 23TH - 30TH

**Friday 8/23**

Varsity Football at Sarasota 7:30pm – Away

**Saturday 8/24**

Girls Volleyball – Freshmen Tournament,  
Charlotte High School - Away

Cross Country @ Lemonbay 7:30am

**Tuesday 8/27**

Boys Golf @ Bradenton Christian 3pm

Girls Golf @ Manatee Country GC 3:30pm

**Thursday 8/29**

JV Football @ Sarasota 6pm

Girls Golf @ Seranoa- Away

**Friday 8/30**

Volleyball @ Nike Tournament of Champions

Varsity Football v Community School (Naples)  
Home 7pm

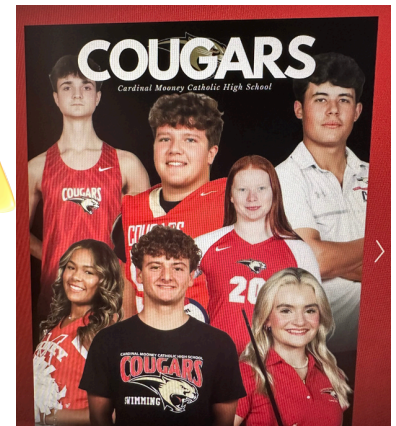
*Swimming*

*No Scheduled Meets*

CHECK  
IT  
OUT



## Digital Fall Sports Program



*Photos*

*Rosters*

*Score Updates*

*Senior Shout outs*

*and more!*

[cmelby@cmhs-sarasota.org](mailto:cmelby@cmhs-sarasota.org)

## Interested in Softball?



Any girls interested in trying out for softball this year, please see Mrs. Chappell in room G207 for information this week.

**Mandatory Parent Meeting**

Prior to Back To School Night  
8/28 at 5:30pm in room G207

